

INITIAL EVALUATION

PATIENT REPORT:

NAME: _____

DATE: _____

PLEASE WRITE IN THE **LEFT** COLUMN ONLY

What is the main reason for your visit?
Please briefly describe:

Have you been bothered by these problems lately? Please circle ones that apply to you.

Syndrome A

Down, sad, irritable, unable to enjoy, unmotivated, poor concentration, forgetful, indecisive, worthless, failure, helpless, hopeless suicidal, tired, change in appetite, change in sleep, decreased sexual drive

Syndrome B

Worry, anxiety, muscle tension, palpitations, sweating, dry mouth, nausea, agitation, irritability, fatigue, concentration difficulty, sleep disturbance

Syndrome C

Feeling "high", mood liability, racing thoughts, distractibility, increased self-confidence, decreased need to sleep, increased energy and sexual drive, restless, talkative, starts multiple projects, increased socializing, risk-taking, intrusive, demanding, assaultive

Syndrome D

Hearing voices, being spied on, others could read your mind, things seem especially arranged for you, having great abilities, seeing visions.

SPECIALIST REPORT:

PLEASE WRITE IN THE LEFT COLUMN ONLY

Have your problems, which you circled on the
Previous page, affected your functioning?
Please circle what applies to you:

- Marriage/Relationship/Family
- Job/School Performance
- Friendship/Peer Relationships
- Financial Situation
- Hobbies/Interests/Play Activities
- Physical Health
- Activities of daily living (personal hygiene,
bathing, etc.
- Anything else?

Have you experienced any of these life events?
Please circle what applies to you:

- Death in the family that has affected you
- Serious injury or illness
- Serious troubles at work
- Serious financial problems
- Serious relationship (marital) problems
- Significant traumatic events
- Physical abuse
- Sexual abuse
- Emotional abuse
- Anything else?

Please list all medication you currently take
(include OTC, vitamins, herbs, etc.)

Allergies to medications:

SPECIALIST REPORT

PLEASE WRITE IN THE LEFT COLUMN ONLY

SPECIALIST REPORT

List any physical health problems and pertinent Family health history:

Did you ever receive treatment by mental health professionals? Have you ever been hospitalized for mental health issues?

Did you ever attempt suicide, violence or self injury?
Please describe:

Did or are you abusing alcohol or other drugs, including prescription medication? Please describe:

Do you have family members who are diagnosed with mental health disorders?

Do you gamble? Please describe:

Are there guns in your home?

Do you have any pending legal issues?

Have you ever served in the armed forces?

List your current support system:

List three most important events that affected you and your life:

- 1)
- 2)
- 3)